Grove City Community Food Pantry NEWS

Volume 3, Issue 9

SEPTEMBER 1, 2011

WHATS NEW!!

The Pantry will be closed Monday September 5, 2011 for the Labor Day Holiday. We will reopen on Friday September 9, 2011 from 10-4. Monday September 12, 2011 we will be open from 10-7. If have any questions you please call 724.458.5208.

JEP Comn Feeding Body, Mind and Soul The Grove City Community Food Pantry is located at 114 South Center Street, Grove City, PA 16127. Our

phone number is (724)



Other Useful Numbers

Grove City Area United Way (724) 458-4527

> C.A.N. (724) 992-3193

> Salvation Army (724) 458-8493

Meals On Wheels (724) 458-5371

Food For Thought

Food For Thought will be a little late this month. We will talk about Energy Assistance with Karen Clunas from Peoples Natural Gas. The Grove City Community Food Pantry and Peoples Natural Gas want to make sure everyone is ready for winter. September 23, 2011 from 12:00PM-1:00PM and from 5:00-6:00pm at the new Pantry location, 114 South Center Street. Sign up today or call

Page 2

The Pantry will have fresh produce throughout the rest of summer and into the fall months. Squash, green beans, potatoes, tomatoes, and baking apples are available now.

There are recipes in your newsletter to help you create new and easy meals using our food!

Butternut Squash Soup!!

- 2 tablespoons margarine
- 1 small onion chopped
- 1 stalk of celery chopped
- 1 medium carrot chopped
- 2 medium potatoes cubed
- 1 medium butternut squash, peeled, seeded and cubed

32 oz of chicken stock

Melt butter in large pot, and cook onion, celery, carrots, potatoes, and squash 5 minutes, or until lightly browned. Pour enough chicken stock to cover vegetables. Bring to boil. Reduce heat to low, cover, and simmer 40 minutes or until vegetables are tender. Transfer soup to a blender and blend until smooth. Return to pot and mix remaining chicken stock for desired consistency. Season with salt and pepper. Serve and enjoy!

Information Phone:(724)458-5208 Website Www.grovecitycommunityfoodpantry.o rg Mailing Address 114 S. Center St. Grove City, PA 16127

Pantry facts to remember

The Pantry is open every Monday and Friday from 10 AM to 4 PM except major holidays.

The first Monday of every month we are open from 10 AM to 7 PM.

We hold Food For Thought classes every month from 12PM-1PM and from 5PM to 6PM.

For the Health of it

The Pantry wants you to be healthy, happy, and better educated about your food. Here are some easy and quick recipes so you and your family can eat better in less time using your Pantry food.

Green Beans with tomatoes

1 1/2 lbs green beans, trimmed and cut into 2inch pieces

1 1/2 cups water

1/4 cup of butter/ margarine

1 tablespoon sugar

3/4 tsp garlic

1/4 tsp pepper

1 1/2 tsp chopped fresh basil

2 cups tomatoes quartered

Place beans and water in large saucepan. Cover, and bring to boil. Set heat to low, and simmer till tender, about 10 minutes. Drain water and set aside. Melt butter in skillet over medium heat. Stir in sugar, garlic, salt, pepper, and basil. Add tomatoes and cook stirring gently until soft. Pour tomato mixture over green beans, toss gently and serve.

New Items Inside

Thrifty Threads gets new donations daily! School shopping is easy! We have all sizes! We have name brands! We have girls, boys, infants, teens, adults.....and SO much more! For the low price of \$2.00 you can get a bag of clothes! That doesn't happen anywhere else!

Come and see what Thrifty Threads has to offer.

Open Monday, Tuesday, Thursday, and Friday 10-4. Open Wednesdays 10-1.

If you would like to volunteer for Thrifty Threads please call (724) 458.5208.