

GC COMMUNITY FOOD PANTRY MONTHLY UPDATE

VOLUME 3, ISSUE 5

MAY 2, 2011

Pantry Point of View

- EAT BETTER
- LIVE BETTER
- FEEL BETTER

FREE CELL PHONES

Feeding America has started a program where they are giving income qualifying individuals free cell phones with 250 minutes monthly. You may qualify if you receive any government benefits or if you fit into their income guidelines. Please pick up an application at registration or call (724) 372-5359 to find out how to get an application.

MAY FOOD FOR THOUGHT

May's Food For Thought class will be "Banking Basics" on May 16, 2011. Sandy Smith from Citizens Bank will be the host. Everyone will receive a free gift but only the first 10 to sign up will get a BONUS gift.

If you would like to sign up for the class you can do so at registration Monday's or please call (724) 372-5359.

No registration is necessary and this is open to the public.

Don't forget to sign up for the Food For Thought Class.

Don't forget to sign up for the Community Garden at Grove City Alliance Church

"Be kind whenever it is possible, It is always possible."
- Daila Lama

COMMUNITY GARDEN

The Pantry will be teaming up with the Grove City Alliance Church to create a Community Garden. The Grove City Alliance Church is one of our biggest contributors of fresh vegetables during the summer months. They are currently seeking volunteers to learn how to plant and harvest. This is a free opportunity for anyone interested in learning or sharing your knowledge of gardening. Anyone who is interested should call (724) 372-5359.



The Grove City Community Food Pantry is located in the basement of Grace United Methodist Church at 220 North Broad Street, Grove City, PA 16127. Our phone number is (724) 372-5359.



Other Useful Numbers

Grove City Area United Way
(724) 458-4527

C.A.N.
(724) 992-3193

Salvation Army
(724) 458-8493

Meals On Wheels
(724) 458-5371

GC COMMUNITY FOOD PANTRY MONTHLY UPDATE

Moving Update—Food Pantry and Thrifty Threads

Thrifty Threads

As it is right now, We will be able to open Thrifty Threads in a few weeks!!!

I would like to thank everyone who donated to Thrifty Threads and who have given their time to speed this project along. We are still taking gently used clothing, furniture, nik naks, small appliances and much more.

We will announce our opening within the next week or so, keep an eye out for our posters.

Food Pantry

It has been voted on by our Board and we will be changing to a choice Pantry when we move. A choice Pantry allows our clients to choose only the foods that they can and will use. Thus minimizing our costs here at the Pantry which will allow us to give you more of a variety and we will also be able to feed more people. Our clients will have buddy shoppers and carts to assist you. We will give more information on this type of Pantry as the opening day comes closer.

Recipes

EASY EGG CUSTARD

- 4 large or 6 small eggs
- 1 1/2 cups sugar
- 3/4 cup flour
- 1 can evaporated milk
- 1 can water

Combine everything except butter, mixing well. In a heavy bottom pan or double boiler, put melted butter in pan (coat the sides and bottom, then leave the remaining butter) and pour in mixture. Bake at 350F until a thin knife inserted in center comes out clean. Shut oven off and open door allowing the custard to cool without moving it. May be topped with sprinkling of lightly toasted flaked coconut, or a fruit sauce, if desired, before serving. May be served warm or chilled. Variation: A favorite flavoring can be added to the custard before baking, such as a teaspoon of good quality vanilla, a tablespoon of coconut rum , etc. The custard may be poured over a graham crumb or pie shell made from a rolled sugar cookie dough.

SWEET AND EASY CORN PUDDING

- 2 c. whole kernel corn (1 16 oz. can) drained
- 1 tbsp. flour
- 3 tbsp. sugar
- 2 eggs
- 3/4 tsp. salt
- 3/4 c. milk
- 1/2 stick butter

Place all ingredients in a blender and mix at high speed 10 seconds. Pour into well greased baking dish and bake 45 minutes at 375 degrees. To make enough for company I triple the corn and double everything else and bake it for an hour .

“One Kind Word Can Warm Three Winter Months” - Japanese Proverb

COMMUNITY EVENTS

Here are some events happening in our area: **National Day of Prayer** May 5, 2011 12:00-1:00 PM GC Memorial Park

Open Door Community Dinner East Main Presbyterian Church Wednesday May 4, 2011 5:00-6:00 PM—\$1.00 donation.

First Friday Community Dinner Friday May 6th from 4:30 to 7:00 PM at First Church of God, 1333 Main St., Grove City. Free. **Bike Rodeo and Safety Day** Saturday May 7, 2011 from 11 am –2pm. In Steigerwald’s parking lot. **Eric Peters FREE concert**— May 15, 2011 Center Presbyterian Church 2:00 pm

Walk This Way— May 12, 2011 4:30-7:30 pm at GC Medical Center **FREE Healthy Legs Screening. FREE Screenings** for peripheral artery disease, varicose veins, restless leg syndrome, foot abnormalities, and bone density.

PANTRY FACTS TO REMEMBER

The Pantry is open every Monday except on major Holidays. The hours of operation are : **Monday 1:00-4:00 PM** You must enter through the Pantry door located directly across from the First National Bank parking lot. Due to limited space you may not enter the building early.

1st Monday of the month we are also open from 5:00-7:00 PM

Volunteers Needed

The Pantry and Thrifty Threads will be moving into our new location very soon. Thrifty Threads is now taking new volunteers. As a volunteer you will sort, hang, and organize donated items for our store location. If you are interested in volunteering for Thrifty Threads or The Pantry, please call (724) 372-5359

Contact

Information

Phone:

(724)372-5359

Website

www.grovecitycommunityfoodpantry.org

Mailing Address

**Po Box 684
Grove City, PA
16127**