

GC COMMUNITY FOOD PANTRY MONTHLY UPDATE

VOLUME 3, ISSUE 2

FEBRUARY 7, 2011

Pantry Point of View

- *EAT BETTER*
- *LIVE BETTER*
- *FEEL BETTER*

COMMUNITY GARDEN

The Grove City Community Food Pantry has been asked to join the community to start a Community Garden. This is great and exciting news. This will teach the value of growing your own pesticide free foods.

This garden will provide fresh fruits and vegetables for anyone who is willing to help with the preparing, planting and harvesting. There is no fee to help. All you need is a little spare time and the ability to do a little hard work. The benefits of this garden will be amazing! If you would like to help with this garden please sign up at Pantry registration or call (724) 372-5359.

FOOD FOR THOUGHT

February's Food For Thought class will be "Safe Food Handling" on Feb. 14, 2011. The American Red Cross will be the host. Everyone will receive a free gift but only the first 10 to sign up will get a **BONUS** gift.

If you would like to sign up for the class you can do so at registration Monday's or please call (724) 372-5359.

No registration is necessary and this is open to the public.

Our next Food For Thought Program will be held on March 14, 2011. The topic of discussion will be "Early Education". The Grove City College Early Education Unit will be here.

FIRST 10 PEOPLE TO SIGN UP and SHOW UP GET A BONUS GIFT!!!

Stay tuned for more details. Class will run from 12:15-1pm and 7:15-8pm.

Human beings are perhaps never more frightening than when they are convinced beyond doubt that they are right. ~

Laurens Vander Post

VOLUNTEER

Did you know that during Christmas time the Salvation Army must pay some people to ring their bell to collect donations?

This may seem strange to you but it is necessary in order for them to collect donations. Why you may ask? Because they do not have enough volunteers to

do it everyday.

When you volunteer you are giving back to an organization that you have needed or may need in the future. The Pantry will have new opportunities to volunteer in the near future but for now why not try one of the many nonprofits that need you now. You can

have them match you with a nonprofit in your area of interest.

Involve your children. The only way our kids understand how to give back is when we teach them.



The Grove City Community Food Pantry is located in the basement of Grace United Methodist Church at 220 North Broad Street, Grove City, PA 16127. Our phone number is (724) 372-5359.



Other Useful Numbers

Grove City Area United Way
(724) 458-4527

C.A.N.
(724) 992-3193

Salvation Army
(724) 458-8493

Meals On Wheels
(724) 458-5371

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RECIPES

Corn Casserole

Ingredients

- 1 cup margarine, melted
 - 2 (15.25 ounce) cans creamed corn
 - 2 eggs, beaten
 - 1 (8 ounce) package dry corn bread mix
 - 1 onion, finely chopped
- salt and pepper to taste

Directions

1. Preheat oven to 350 degrees F (175 degrees C).
2. Melt margarine in a 9x13 inch baking dish. Add corn, eggs, corn bread mix, onion, salt and pepper and mix well. Cover dish with aluminum foil and bake in preheated oven for about 40 minutes, or until firm.

Easy Garlic Chicken

Ingredients

- 3 tablespoons butter
 - 4 skinless, boneless chicken breast halves
 - 2 teaspoons garlic powder
 - 1 teaspoon seasoning salt
- 1 teaspoon onion powder

Directions

Melt butter in a large skillet over medium high

heat. Add chicken and sprinkle with garlic powder, seasoning salt and onion powder. Saute about 10 to 15 minutes on each side, or until chicken is cooked through and juices run clear.

Yummy Jello Cake

Make regular boxed yellowcake as directed in 13x9 pan. Prepare jello (any flavor) and pour over baked cake. Cool in fridge and top with whipped cream before serving.

"It is easier to believe than to doubt." ~

E.D. Martin, The Meaning of a Liberal Education

COMMUNITY AWARENESS

Here are some events happening in our area:

Open Door Community Dinner

East main Presbyterian Church
 Wednesday February 9th, 2011 from 5-6 PM.
 \$1.00 donation

Tower Presbyterian Church's FREE Community Dinner

Saturday 2/19/11 from 4-6 PM

First Church Of God-First Community Dinner

FREE Friday March 4th from 4:30 to 7:00 PM
 1333 W. Main Street

During these financially trying times we must all remember to continue to support the Pantry. The Grove City Community Food Pantry is now on Face Book under Grove City Community Food Pantry. We will post monthly items that we are running low on in the Pantry. If you purchase these items you can drop them off at Grace United Methodist Church from 9:00 AM to 5:00 PM Monday through Friday.

Contact

Information

Phone:

(724)372-5359

Website

www.grovecitycommunityfoodpantry.org

Mailing Address

**Po Box 684
 Grove City, PA
 16127**

PANTRY FACTS TO REMEMBER

The Pantry is open every Monday except on major Holidays. The hours of operation are :

Monday 1:00-4:00 PM

1st Monday of the month we are also open from 5:00-7:00 PM

You must enter through the Pantry door located directly across from the First National Bank parking lot. Due to limited space you may not enter the building early.

Hats and gloves will be available in registration for you and your family during these winter months. They have been donated by the Grace United Methodist Church. Most of the gloves are hand knitted. If you or anyone you know would like to knit hats, gloves, and scarves please contact me and I will provide you with yarn free of charge.